

### Wellness Bar Hours

Sunday - Monday closed  
Tuesday - Thursday 8:00am - 4:30pm  
Friday 8:00am - 1:30pm  
Saturday 9:00am - 1:00pm

## ORGANIC TEAS & BOTANICALS \$2.50

### UPLIFTING

Earl Grey Supreme - Medium Caffeine  
Ruby Oolong - Medium Caffeine  
Guayusa Cacao - Medium Caffeine  
Iced Tangerine White - Low Caffeine

### VIBRANT

Blueberry Hibiscus - No Caffeine  
Iced Wildberry Hibiscus - No Caffeine

### DIGESTION SUPPORT

Dandelion Detox - Low Caffeine

### RELAXING

Valerian Dream - No Caffeine  
Peppermint Sage - No Caffeine  
Chamomile Medley - No Caffeine



### IMMUNE BOOSTING

Elderberry Healer - No Caffeine  
Reishi Mushroom Hero - No Caffeine



RISHI  
TEA & BOTANICALS

Rishi Organic Teas and Botanicals are imported from around the world from direct trade farmers who follow organic farming practices.

## SPECIALTY BEVERAGES

### RASA ORIGINAL

\$4.65

A nourishing decaffeinated coffee alternative that holistically supports your health and energy. Rasa is packed full of adaptogens: superherbs that help you be less of a stress-case and provide vital calm energy all day.

### HOT/ICED CHOCOLATE

\$4.00

A rich and luxurious house-made blend of cocoa, allergen-friendly chocolate chips and coconut sugar. Blended with your milk of choice. Medium caffeine.

### MASALA CHAI LATTE

\$4.65

An energizing and rich blend of fresh spices, slow brewed with full-bodied organic wild-grown black tea. Medium caffeine.

### MATCHA

\$4.65

A bright green tea with fresh and invigorating character. High caffeine.

### EARL GREY LATTE

\$4.65

Organic black tea infused with real bergamot citrus essential oil and blended with the milk of your choice. Medium caffeine.

### STRAWBERRY LEMONADE CHILLER



\$4.65

This multi-collagen protein drink is refreshing and flavorful, offering a convenient way to support the gut, joints and skin.  
Allergen: Fish, Eggs

### TURMERIC TONIC

\$4.65

Enlivening and pungent turmeric with zesty ginger and fragrant lemongrass infused with cold sparkling water. No caffeine.

### CHIA CHAGA



\$4.65

Chilled coconut water, apricot nectar and chia seeds with our enlivening turmeric chai blend. No caffeine.



Our recommendation to enjoy following a Float Session to encourage restoration and body balance.

# ORGANIC ARTISAN COFFEE

\$2.50

## BLACKSMITH - DARK ROAST CARPENTER - MEDIUM ROAST BAKER - DECAF MEDIUM ROAST

Fair trade organic beans of Chiapas Mexico. Mild, smooth, lemon and hazelnut tones. Mountain water processed decaf means no chemicals, less caffeine and more flavor.

**FRENCH PRESS LATTE** \$4.50

**ARTISAN BULLET PROOF** \$5.75

Artisan fair trade organic french press coffee blended with grass-fed butter and MCT oil.

## HOUSE MADE SYRUPS

Dark Chocolate \$ .75  
Vanilla, Peppermint and Salted Carmel \$ .50

## BOOSTS

Collagen \$1.00  
Grass Fed Butter or Ghee \$ .75  
MCT Oil \$ .75

## MILK OPTIONS

Gluten-free Oat Milk, Organic Coconut Milk  
Organic Whole Milk, Organic Half-n-Half

# SMOOTHIES

## GINGER DETOX



Pears, kale, cucumber, ginger and coconut water.

\$9.50

## TROPICAL ESCAPE

Banana, mango, pineapple, lime, orange juice, coconut milk and collagen.

\$9.50

## CHOCOLATE DELIGHT

Coconut milk, banana, honey, avocado, cocoa powder, almond butter and flaxseed.

\$9.50

## BLUEBERRY JOY



Coconut water, blueberries, banana, kale, pineapple, blue spirulina, chia seeds and collagen.

\$9.50

## CARAMEL APPLE + GREENS

Spinach, green apple, apple juice, oat milk, hemp seeds, dates, cinnamon, and our vegan caramel sauce (dates, coconut milk).

\$9.50

## ANTI-INFLAMMATORY RUBY

Strawberries, cherries, beet, kale, collagen, almond milk, flax seeds, cocoa powder, almond extract.

\$9.50



## Wellness Benefits

Immune Support, Detoxification,  
Mineral Balance

Vitamin Boost , Digestive Support

Antioxidants, Metabolism Boost,  
Pure Enjoyment

Antioxidants, Metabolism Boost,  
Vitamin Boost

Vitamin Boost, Fiber Boost

Anti-inflammatory Support,  
Metabolism Boost, Vitamin Boost

Our menu items are always  
gluten free.

In a hurry? Our Grab + Go  
offers fresh salads, wraps and  
baked goods available for  
purchase anytime Marigold is  
open.

### Our Location

1348 Sharon Copley Road  
Wadsworth, OH 44281

Find us inside the  
Marigold Wellness Collective

### Order Online

Order and pay online  
with our Clover app.  
Order ahead to avoid  
the wait!



# MADE-TO-ORDER LUNCH

## NOVEMBER MENU

**SOUP OF THE WEEK** Cup \$4 Bowl \$6  
Made with our house made organic broth

**GINGER GARLIC NOODLE + BOK CHOY** GF DF  
Week of November 2

**ROASTED BUTTERNUT BISQUE** GF DF V VG  
Week of November 9

**TURKEY BLACK BEAN CHILI** GF DF  
Week of November 16

**CHEF'S CHOICE** GF  
Week of November 23

**purposefuleats**  
TEACHING STUDIO + WELLNESS BAR

**Lunch Hours**  
Tuesday - Friday 10:30am-1:30pm

**Order Online**  
Order and pay with our Clover app. Orders can be placed up to 1 day in advance.



**Our Location**  
1348 Sharon Copley Road, Wadsworth  
Inside the Marigold Wellness Collective

**MEDITERRANEAN DIP TRIO** \$12.00 GF DF V VG  
House made hummus, olive tapenade and tzatziki dip with fresh veggies, assorted crackers and focaccia bread.

**THAI CHICKEN LETTUCE WRAPS** \$12.00 GF DF  
Seasoned chicken served with a medley of carrots, water chestnuts, green onion, mushroom, ginger, garlic, cashews, served in leaf lettuce with sesame oil dipping sauce and topped with crispy rice noodles.

**HARVEST SALMON SALAD** \$14.00 GF DF  
Wild-caught grilled salmon atop shaved Brussel sprouts, seasonal apples, dried cranberries and toasted pecans served with a Dijon orange vinaigrette.

**AUTUMN GRILLED CHEESE** \$12.00 GF  
Sliced apples, nitrate-free thick cut bacon, cheddar cheese and apple butter schmear. Served with organic potato chips or an organic apple. (Dairy free cheese +\$2) (Half grilled cheese + half salad w/no salmon \$12.00)

**SMOKED GOUDA + PROSCIUTTO FLATBREAD** \$13.00 GF  
Smoked gouda cheese, prosciutto, roasted butternut squash and fried sage on our signature flatbread. (Dairy-free cheese +\$2)

**SMOKED PORK CHOP PLATE** \$15.00 GF DF  
Tender smoked bone-in pork chop topped with cherry balsamic glaze served with whipped sweet potatoes and roasted Brussel sprouts.

**DOUBLE CHOCOLATE CHERRY SCONE** \$4.50 GF DF V  
Almond flour, vegan butter, flax seeds, eggs, oat milk, maple syrup, cocoa powder, dried cherries, dark chocolate chips.

**CRANBERRY ORANGE MUFFIN** \$4.50 GF DF V  
GF flour blend, grapeseed oil, eggs, sugar, oat milk, dried cranberries, orange juice and zest.

**PUMPKIN PIE POWER BOWL** \$10.50 GF DF V VG  
Bananas, pumpkin puree, dates, oat milk, almond butter topped with granola, pumpkin seeds, dried cherries and maple syrup.

**ANTI-INFLAMMATORY RUBY SMOOTHIE** \$9.50 GF DF V VG  
Strawberries, cherries, beet, kale, collagen, almond milk, flax seeds, cocoa powder, almond extract.

**KIDS POWER SANDWICH WITH APPLE SLICES** \$6.00  
Peanut butter, apples, celery, raisin, honey and cinnamon schmear on GF bread

**KIDS GRAZING PLATE** \$8.00  
Organic deli turkey, sliced cheese, carrots, apple slices, GF crackers and black bean brownie

**KIDS GRILLED CHEESE WITH APPLE SLICES** \$6.00

- GF Gluten Free
- DF Dairy Free
- V Vegetarian
- VG Vegan

**Visit our Wellness Bar**

Sunday - Monday closed  
Tuesday - Thursday 8:00am - 4:30pm  
Friday 8:00am - 1:30pm  
Saturday 9:00am - 1:00pm

Purposeful Eats is a gluten-free facility prioritizing the use of food products that meet gluten free standards and avoid cross contamination.

# READY MADE MEALS

## NOVEMBER MENU

All meals are fully cooked, simply reheat and serve!

**purposefuleats**  
TEACHING STUDIO + WELLNESS BAR

**SOUP OF THE WEEK** Quart \$15.00 (Serves 4)  
Made with our house made organic broth

**GINGER GARLIC NOODLE + BOK CHOY** (GF) (DF)  
Week of November 2

**ROASTED BUTTERNUT BISQUE** (GF) (DF) (V) (VG)  
Week of November 9

**TURKEY BLACK BEAN CHILI** (GF) (DF)  
Week of November 16

**CHEF'S CHOICE** (GF)  
Week of November 23

**Order Online**  
Order and pay with  
through Clover.



Order by Saturday for Tuesday pickup  
Order by Monday for Thursday pickup

Pickup available 4:00-6:00pm unless  
otherwise scheduled.

**Our Location**  
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**THAI CHICKEN LETTUCE WRAPS** (GF) (DF) Dinner for 4 \$45.00  
Seasoned chicken served with a medley of carrots, water chestnuts, green onion, mushroom, ginger, garlic, cashews, served in leaf lettuce with sesame oil dipping sauce and topped with crispy rice noodles. Dinner for 2 \$22.00

**HARVEST SALMON SALAD** (GF) (DF) Dinner for 4 \$55.00  
Wild-caught grilled salmon atop shaved Brussel sprouts, seasonal apples, dried cranberries and toasted pecans served with a Dijon orange vinaigrette. Dinner for 2 \$25.00

**SMOKED PORK CHOP PLATE** (GF) (DF) Dinner for 4 \$60.00  
Tender smoked bone-in pork chop topped with cherry balsamic glaze served with whipped sweet potatoes and roasted Brussel sprouts. Dinner for 2 \$30.00

**SPINACH, TOMATO, SAUSAGE QUICHE** (GF) (DF) Serves 8 \$50.00  
Our gluten free crust topped a mixture of pasture-raised eggs, pork sausage, tomatoes, peppers, spinach, onions, potato and spices.

**VEGAN SPINACH, TOMATO QUICHE** (GF) (DF) (V) (VG) Serves 8 \$50.00  
Our gluten free crust topped a vegan "egg" mixture, tomatoes, spinach, leeks, mushrooms, nutritional yeast and spices.

**HARVEST CRUMBLE** (GF) (DF) (V) (VG) Serves 6 \$30.00  
Apples, pears, and plums topped with a gluten-free, dairy-free oat crumble. Serves 2 \$10.00

**DOUBLE CHOCOLATE CHERRY SCONE** (GF) (DF) (V) 6 pack \$25.00  
Almond flour, vegan butter, flax seeds, eggs, oat milk, maple syrup, cocoa powder, dried cherries, dark chocolate chips.

**CRANBERRY ORANGE MUFFIN** (GF) (DF) (V) 6 pack \$25.00  
GF flour blend, grapeseed oil, eggs, sugar, oat milk, dried cranberries, orange juice and zest.

**NAAN BREAD** (GF) (DF) (V) (VG) 4 pack \$8.00

**FOCACCIA BREAD** (GF) (DF) (V) (VG) 1 loaf \$8.00

(GF) Gluten Free  
(DF) Dairy Free  
(V) Vegetarian  
(VG) Vegan

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