

### Wellness Bar Hours

Sunday - Monday closed  
Tuesday - Friday 8:00am - 2:00pm  
Saturday 9:00am - 1:00pm

## ORGANIC TEAS & BOTANICALS \$2.50

### UPLIFTING

Earl Grey Supreme - Medium Caffeine  
Ruby Oolong - Medium Caffeine  
Guayusa Cacao - Medium Caffeine  
Iced Tangerine White - Low Caffeine

### VIBRANT

Blueberry Hibiscus - No Caffeine  
Iced Wildberry Hibiscus - No Caffeine

### DIGESTION SUPPORT

Dandelion Detox - Low Caffeine

### RELAXING

Valerian Dream - No Caffeine  
Peppermint Sage - No Caffeine  
Chamomile Medley - No Caffeine



### IMMUNE BOOSTING

Elderberry Healer - No Caffeine  
Reishi Mushroom Hero - No Caffeine



RISHI  
TEA & BOTANICALS

Rishi Organic Teas and Botanicals are imported from around the world from direct trade farmers who follow organic farming practices.

## SPECIALTY BEVERAGES

### RASA ORIGINAL

\$4.65

A nourishing decaffeinated coffee alternative that holistically supports your health and energy. Rasa is packed full of adaptogens: superherbs that help you be less of a stress-case and provide vital calm energy all day.

### HOT/ICED CHOCOLATE

\$4.00

A rich and luxurious house-made blend of cocoa, allergen-friendly chocolate chips and coconut sugar. Blended with your milk of choice. Medium caffeine.

### MASALA CHAI LATTE

\$4.65

An energizing and rich blend of fresh spices, slow brewed with full-bodied organic wild-grown black tea. Medium caffeine.

### MATCHA

\$4.65

A bright green tea with fresh and invigorating character. High caffeine.

### EARL GREY LATTE

\$4.65

Organic black tea infused with real bergamot citrus essential oil and blended with the milk of your choice. Medium caffeine.

### STRAWBERRY LEMONADE CHILLER



\$4.65

This multi-collagen protein drink is refreshing and flavorful, offering a convenient way to support the gut, joints and skin.  
Allergen: Fish, Eggs

### TURMERIC TONIC

\$4.65

Enlivening and pungent turmeric with zesty ginger and fragrant lemongrass infused with cold sparkling water. No caffeine.

### CHIA CHAGA



\$4.65

Chilled coconut water, apricot nectar and chia seeds with our enlivening turmeric chai blend. No caffeine.



Our recommendation to enjoy following a Float Session to encourage restoration and body balance.

# ORGANIC ARTISAN COFFEE

\$2.50

## BLACKSMITH - DARK ROAST CARPENTER - MEDIUM ROAST BAKER - DECAF MEDIUM ROAST

Fair trade organic beans of Chiapas Mexico. Mild, smooth, lemon and hazelnut tones. Mountain water processed decaf means no chemicals, less caffeine and more flavor.

**FRENCH PRESS LATTE** \$4.50

**ARTISAN BULLET PROOF** \$5.75

Artisan fair trade organic french press coffee blended with grass-fed butter and MCT oil.

## HOUSE MADE SYRUPS

Dark Chocolate \$ .75

Vanilla, Peppermint and Salted Carmel \$ .50

## BOOSTS

Collagen \$1.00

Grass Fed Butter or Ghee \$ .75

MCT Oil \$ .75

## MILK OPTIONS

Gluten-free Oat, Organic Coconut, Organic Almond,  
Organic Whole Milk, Organic Half-n-Half

# SMOOTHIES

## GINGER DETOX



Pears, kale, cucumber, ginger and coconut water.

\$9.50

## TROPICAL ESCAPE

Banana, mango, pineapple, lime, orange juice, coconut milk and collagen.

\$9.50

## CHOCOLATE DELIGHT

Coconut milk, banana, honey, avocado, cocoa powder, almond butter and flaxseed.

\$9.50

## BLUEBERRY JOY



Coconut water, blueberries, banana, kale, pineapple, blue spirulina, chia seeds and collagen.

\$9.50

## CARAMEL APPLE

Spinach, green apple, apple juice, oat milk, hemp seeds, dates, cinnamon, and our vegan caramel sauce (dates, coconut milk).

\$9.50

## RUBY SUNRISE

Strawberries, cherries, beet, kale, collagen, almond milk, flax seeds, cocoa powder, almond extract.

\$9.50



## Wellness Benefits

Immune Support, Detoxification,  
Mineral Balance

Vitamin Boost, Digestive Support

Antioxidants, Metabolism Boost,  
Pure Enjoyment

Antioxidants, Metabolism Boost,  
Vitamin Boost

Vitamin Boost, Fiber Boost,  
Pure Enjoyment

Anti-inflammatory Support,  
Metabolism Boost, Vitamin Boost

Our menu items are always  
gluten free.

In a hurry? Our Grab + Go  
offers fresh salads, wraps and  
baked goods available for  
purchase anytime Marigold is  
open.

### Our Location

1348 Sharon Copley Road  
Wadsworth, OH 44281

Find us inside the  
Marigold Wellness Collective

### Order Online

Order and pay online  
with our Clover app.  
Order ahead to avoid  
the wait!



# MADE-TO-ORDER LUNCH

## DECEMBER MENU

### SOUP OF THE WEEK

Cup \$4 Bowl \$6

Made with our house made organic broth

#### CHICKEN TORTILLA GF DF

Week of November 30

#### BEEF VEGETABLE GF DF

Week of December 7

#### POTATO + LEEK GF DF

Week of December 14

#### MINISTRONE GF DF V VG

Week of December 21

#### CHEF'S CHOICE GF

Week of December 28

**purposefuleats**  
TEACHING STUDIO + WELLNESS BAR

#### Lunch Hours

Tuesday - Friday 10:30am-1:30pm

#### Order Online

Order and pay with our Clover app. Orders can be placed up to 1 day in advance.



#### Our Location

1348 Sharon Copley Road, Wadsworth  
Inside the Marigold Wellness Collective

### FIG JAM + GOAT CHEESE BEEF BURGER

Pasture-raised beef grilled to order then topped with fig jam and goat cheese served with a side of sweet potato jo-joes. (Dairy free cheese +\$2)

\$14.00 GF

### SOUTHWEST SALAD

Mixed greens, black beans, peppers, onions, tomatoes, cheddar cheese, cilantro with corn-free tortilla strips. Served with a creamy avocado dressing. (Add chicken +\$3, salmon +\$5).

\$13.00 GF V

### TURKEY, BRIE + CRANBERRY GRILLED CHEESE

Roasted turkey, brie cheese and house made cranberry sauce on grilled to perfection on gluten free bread. (Dairy free cheese +\$2) (Half grilled cheese + half salad \$12.00)

\$12.00 GF

### MEDITERRANEAN PASTA ALFREDO

Our house made dairy free cauliflower alfredo sauce with roasted mushrooms, artichokes, spinach, tomatoes and served with gluten free rice pasta spirals and dusted with cashew parmesan. (Add chicken +\$3, salmon +\$5)

\$13.00 GF DF V VG

### SWEET + SAVORY BREAKFAST PLATE

Sweet potato pancakes with apple cider compote served with country sausage patties and two eggs your way.

\$15.00 GF DF

### SMOKED HONEY + PEAR SCONE

Almond flour, vegan butter, flax seeds, eggs, oat milk, cardamom, smoked honey, fresh pears.

\$4.50 GF DF V

### RUM RAISIN GINGERBREAD MUFFIN

GF flour blend, grapeseed oil, eggs, sugar, oat milk, rum plumped raisins, cinnamon, ginger, molasses.

\$4.50 GF DF V

### CLEAN + GREEN SMOOTHIE

Inspired by Practical Healing Center! Spinach, celery, parsley, pineapple, MCT powder, collagen, lemon juice.

\$9.50 GF DF V VG

### GINGERBREAD LATTE

Dandelion root tea, coconut milk, maple syrup, coconut sugar, ginger, vanilla, cinnamon, cloves, collagen.

\$4.65 GF DF V

### PEPPERMINT HOT CHOCOLATE

Milk of choice, cocoa powder, arrowroot powder, coconut sugar, dark chocolate chips, peppermint, vanilla, maple syrup. Add a boost of matcha for +\$.50

\$4.65 GF DF V VG

### KIDS POWER SANDWICH WITH APPLE SLICES

Peanut butter, apples, celery, raisin, honey and cinnamon schmear on GF bread

\$6.00

### KIDS GRAZING PLATE

Organic deli turkey, sliced cheese, carrots, apple slices, GF crackers and black bean brownie

\$8.00

### KIDS GRILLED CHEESE WITH APPLE SLICES

\$6.00

- GF Gluten Free
- DF Dairy Free
- V Vegetarian
- VG Vegan

#### Visit our Wellness Bar

Sunday - Monday closed

Tuesday - Friday 8:00am - 2:00pm

Saturday 9:00am - 1:00pm

Purposeful Eats is a gluten-free facility prioritizing the use of food products that meet gluten free standards and avoid cross contamination.